



FELTON ANTRIM CONSTRUCTION CO.

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Home Improvement Projects Made Easy (Part 1)

Have you ever heard of the expression, "You get what you pay for?" With the proper planning and a knowledgeable contractor, you can be assured of a job well done at a reasonable cost. Your dream kitchen is within your reach! Your new family room awaits! Follow the guidance of experienced contractors:

1. Connect with your contractor. The right person for the job will be easy to talk to.
2. Do you see eye to eye? Be sure to hire a contractor that understands your goals and has experience in the type of work you are looking for.
3. Understand the price of the materials may reflect it's quality.

Ask your contractor for their recommendations. Is it worth it to cut corners if it's a temporary fix?

4. The lowest bid may not be the best candidate. Request a written description of the materials necessary for the job. A low bid may indicate a contractor that uses sub-par materials or is desperate for work. The more accurate bid is likely somewhere in the middle.
5. Get involved by keeping the lines of communication open. Insist on regular contact by email, phone or text and a weekly face-to-face update from the foreman.
6. Get it in writing. Your contract should detail time frames, the total cost, payment arrangements, your contractor's license number, project description, names of parties involved, how to handle additional costs if necessary.
7. Be cautious if you are not given a timeline for the job to be completed. This may indicate the contractor has several current jobs and may not complete your job timely.
8. Honor your contract. Hiring a member of the work crew to do

after hours work at a reduced rate will strain the relationship between you and your contractor.

9. Record key contact information for every individual working on your project.
10. Be upfront about your budget and review the cost details listed in your contract.
11. Is your contractor insured? This is a must; otherwise you are liable if a member of the work crew becomes injured on the job.
12. Educate yourself on what permits are required and what regulations need to be followed. Your contractor or architect should be responsible for applying for and acquiring all necessary permits.
13. Ask for information about what's going on behind the scenes. The cost of the job will increase if the contractor is surprised by outdated wiring or other concealed budget-busters.

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email the expert

Question: Could you please give me some advice for removing spots on my stainless steel appliances? – Pat Howe□□

Answer: For tough spots try glass cleaner, ammonia, or rubbing alcohol. You can also use vinegar or olive oil on a soft cloth (apply sparingly). Some people even swear by club soda to clean stainless steel--it's especially effective in getting rid of heat stains. Whatever you use, follow the grain of the stainless steel during washing and drying and be sure to apply plain water afterward and wipe dry.□□When you're done cleaning, polish your appliance with a stainless-steel cleaner. These cleaners also help reduce stains and scratches. Follow the manufacturer's suggestions for using the cleaner, and rinse and dry your appliance at the end.

You can email the Expert by sending your questions <mailto:info@feltonantrim.com>. Please be sure to include your name and phone number in case additional information is required to answer your question.

THANK YOU FRIENDS FOR YOUR REFERRALS

We cannot thank enough everyone who has referred Felton Antrim Construction Co. to their friends or family this past month. Your kind actions are really what make us a success. While we don't have enough room to mention everyone, here are a few:

Mr & Mrs Gail Waldeck referred the Mills
Mr and Mrs Farmer referred the Bridges Family
Mr and Mrs Savannah referred the ThompsonFamily

Would you like to have the nicest home in the neighborhood?

Do you know we are experts in a variety of home improvement projects? If you're considering a new project for your home, please give us a call. We'll be happy to answer all of your questions and provide you with our expert advice for free.

Here's a list of some of the projects we specialize in:

Kitchen Renovation
Bathroom Renovation
Sunrooms
Room Addition

famous quote

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do."

- Mark Twain

Spice Up Your Life with the Healing Power of Herbs

Spices are found in all kitchens. There is no doubt they enhance food to make it delicious, but did you know these simple herbs possess powerful healing abilities?

Here are some common spices and their purported medicinal uses. You may already have some or all of them. If not, you may want to invite some of them to your kitchen.

Allspice: an aromatic stimulate, helps to relieve indigestion and gas.

Cayenne Pepper: Increases metabolism and fat-burning ability by up to 25 per cent.

Celery Seed: Believed to help clear toxins from the system, helps to ease pain associated with gout and arthritis.

Coriander (cilantro and Chinese parsley): Said to help relieve anxiety and insomnia.

Cinnamon: Often used to settle an upset stomach as well as a metabolism booster. A 2003 study found that about half a teaspoon lowered blood glucose, cholesterol, and triglyceride levels.

Chili Powder: Researchers have found that capsaicin which is found in chili peppers, has an anti-inflammatory effect and has helped to ease arthritic pain.

Garlic: regular consumption of garlic is said to reduce levels of bad cholesterol as well as lower blood pressure. Recent research has also found that it may help in the treatment of diabetes.

Ginger: Can inhibit nausea and vomiting that may accompany morning sickness or motion sickness.

Mint: Traditionally, mint was used to treat stomachache and chest pains. It is also a strong digestive aid.

THIS MONTH IN HISTORY: National Football League Established - In 1920 representatives from several football teams met at a car dealership in Akron, Ohio, and formed the American Professional Football Association. This later became the National Football League. The men selected Jim Thorpe as president, who at the time was the most popular athlete in the country and an excellent football player. Early NFL teams included the Canton "Bulldogs," the Toledo "Maroons," and the Milwaukee "Badgers."

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14. Organize your job-related documents (such as the contract and contact information) in a readily accessible file.
15. Consider your budget and if necessary, break the project down into mini-projects. Although this may increase the total cost due to repetitious start-up expenses and inflation, it may be a better option for you to spread the

WE WELCOME OUR NEW FRIENDS INTO THE FELTON ANTRIM CONSTRUCTION CO. FAMILY

We believe in treating all of our customers like family, just ask any of our longtime customers. We are excited to welcome each of our first time **Felton Antrim Construction** customers. We appreciate the opportunity to serve you and hope to see you again very soon. Here are just a few of the new members of the family.

- Jan & Vici Altman of Laveen
- Pete & Susan Joytalker of Surprise
- The Robinson Family of Avondale
- Sandy Street of Tucson!
Referred by Lance Hallerman!

Thank you and welcome to everyone

cost out over time.

16. Make space for the work crew to keep their supplies and equipment on site. The more organized and accessible these items are, the faster they will be able to do their work.
17. Allow the work crew to manage their daily job, however meet with the foreman once a week to discuss the status of the project.

Don't miss Part 2 of this article in next month's issue.

trivia challenge

The first game of college football took place on November 6, 1869 between Rutgers University and neighboring Princeton. Princeton claims 28 national championships, starting with the first one in 1869. When was their last national title?

- A. 1953 B. 1927
C. 1968 D. 1981

The first correct answer faxed to (fax number) or emailed to (email) will be this month's winner of 2 Movie Passes at (local theatre)!

LAST ISSUE'S TRIVIA WINNER

Felton Antrim Construction Co. is pleased to announce last issue's Trivia Challenge winner. **Oscar Carter** of **Glendale!** **Oscar Carter** was the first person to correctly answer this question:

August typically yields some high temperatures. Where was the highest temperature recorded on earth?

Answer: Israel

REFER YOUR FRIENDS & FAMILY AND GET A \$50 HOME DEPOT GIFT CERTIFICATE

Many of our customers "find" us as a result of word of mouth. This simple, yet gracious, act by our customers has allowed us to be successful. For this generosity, we offer our gratitude and a token of our appreciation through our Referral Reward Program!

Here's how:

1. Simply refer someone to our services by sharing our name, phone number, email or by giving them this newsletter.
2. Ask them to mention your name.
3. When your referral becomes our client we will automatically mail you a \$50 **Home Depot** gift certificate

When you refer your friends, neighbors or family, you've helped our business grow. Offering you this reward is our way of letting you know just how much we appreciate your actions

Remember to tell your friends to mention your name whenever they use our services!

WHAT OUR CLIENTS ARE SAYING...

"From start to finish we felt like our project was in good hands. Our only regret is that we didn't have this done while our oldest son was still living at home with us. Thanks to you though, we can still enjoy it with the other children."

- Tony & Patty Dawson

Sudoku Puzzler

						1		
6						8		5
2	3	1		5		9		7
		4		6	9	3		
7	9	2		3		6	8	1
		8	2	1		4		
9		6		4		7	3	8
5		7						6
	1							

The Rules of Sudoku (sūdoku²) The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

Green Tip

Did you know?
 Kitchen and yard waste make up 20 to 30 percent of the average household's garbage.

Composting can significantly reduce the amount of waste you send to the incinerator or landfill.

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